



ACPSM

American College of Physicians
Leading Internal Medicine, Improving Lives

Missouri Chapter



FOSTERING EXCELLENCE IN INTERNAL MEDICINE

2018 Missouri Chapter Scientific Meeting

September 13-16, 2018
Tan-Tar-A Resort
Osage Beach, Missouri

Updates in Internal Medicine
www.missouriacp.org

Missouri Chapter Meeting Highlights

- **ABIM SEP module – Update in Hospital Medicine**
- **ABIM SEP module – Update in Internal Medicine**
- **Responsible Prescribing**
- **Insulin Therapy**
- **Congenital Heart Disease**
- **Anti-Coagulation Issues**
- **Transgender Patient Care**
- **Management of Venous Thromboembolism**

This educational activity has been designated for 21.5 credits.

Between scientific sessions, please visit the College table where you can find information on new ACP programs, and many other products. There's always something new at the College table. Stop by and see for yourself.

Dear Colleague,

I invite you to join me and your colleagues in internal medicine at the next scientific meeting of the Missouri Chapter of the American College of Physicians, being held September 13 -16 at the Tan-Tar-A Resort.

The meeting is not just for ACP members. I particularly want to invite nonmembers to join us for this important clinical update and to learn about the benefits of membership at the same time.

In addition to earning up to 21.5 CME credits and MOC points, by attending this meeting you will:

- Gain insight into recent medical advances.
- Discuss local and national issues affecting the practice and teaching of internal medicine
- Greet old friends, meet new friends, and develop a network of colleagues in your area.

Between scientific sessions, please visit the College table. You will find information on new ACP programs, products, and services. There's always something new at the College table—stop by and see for yourself.

To ensure your place at this invaluable meeting, complete the registration form online or at the back of this brochure and send it in today. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

I look forward to seeing you at Tan-Tar-A.

Sincerely
Richard W. Burns, MD, FACP
ACP Governor, Missouri Chapter

Program Schedule • Updates in Internal Medicine

Thursday, September 13, 2018

3:00 p.m. **ABIM SEP 2018-2019**
Update in Hospital Medicine
 Fred Buckhold, MD

5:00 p.m. **ABIM SEP 2018-2019**
Update in Internal Medicine
 Ernie-Paul Barrette, MD, FACP
 Emily Fondahn, MD, FACP

7:00 p.m. **Adjourn**

Friday, September 14, 2018

7:00 a.m. **Breakfast & Exhibits**

8:00 a.m. **Adult Congenital Heart Disease:**
What the Internist Needs to Know
 Kathryn Lindley, MD

8:55 a.m. **Missouri Tick Talk**
 William Roland, MD

9:50 a.m. **Break & Exhibits**

10:10 a.m. **Frailty and In-Home Care**
 Lenise Cummings-Vaughn, MD, CMD

11:05 a.m. **Chapter Business Meeting**

12:00 p.m. **Lunch & Exhibits**

1:00 p.m. **Mindfulness**
 Lynn Rossy, PhD

1:55 p.m. **Common Questions in the**
Management of Venous
Thromboembolism
 Morey Blinder, MD

2:50 p.m. **Break & Exhibits**

3:05 p.m. **Opioid Analgesics:**
Responsible Prescribing in
the Midst of an Epidemic
 Lucas Buffaloe, MD

4:00 p.m. **How to Best Manage Alopecia**
in 2018
 Kristen Fernandez, MD

5:00 p.m. **Adjourn**

6:00 p.m. **Awards Banquet**

Saturday, September 15, 2018

7:00 a.m. **Breakfast & Exhibits**

8:00 a.m. **Stretching a Dollar with**
Insulin Therapy
 Stephen Brietzke, MD, FACP, FACE

8:55 a.m. **Washington Public Policy Update**
 Shari Erickson, MPH

9:50 a.m. **Break & Exhibits**

10:05 a.m. **A 21st Century Approach to**
Stable Ischemic Heart Disease
 David L. Brown, MD

11:00 a.m. **Inflammatory Bowel Disease -**
Beyond the Basics
 Fadi Hamid, MD

Noon **Women in Medicine Luncheon -**
Personal Branding:
Knowing and Promoting You!
 Rebecca Pauly, MD, FACP
 Fariha Shafi, MD, FACP

1:00 p.m. **Poster Contest**

3:00 p.m. **Caring for the Transgender Patient**
 Christopher Lewis, MD

3:50 p.m. **Doctors Dilemma**

5:30 p.m. **Networking Reception**

6:30 p.m. **Adjourn**

Sunday, September 16, 2018

7:30 a.m. **Breakfast**

8:00 a.m. **Anticoagulation Issues in the Hospital**
 Mark Thoenke, MD, SFHM

9:00 a.m. **Now What? The HIV Test is Positive**
 Donna Sweet, MD, MACP

10:00 a.m. **Break**

10:10 a.m. **Diagnosis and Treatment of**
Peripheral Neuropathies
 Stefanie Geisler, MD

11:05 a.m. **Urinary Incontinence: Evaluation,**
Evidence and Special Considerations
 Christine Chu, MD

12:00 p.m. **Adjourn**

Save the Date:

• September 19-22, 2019 • September 10-13, 2020

Faculty

Ernie-Paul Barrette, MD, FACP

Associate Professor of Medicine
Medical Director, HIV and Virology Clinic
Division of Infectious Diseases
Associate Program Director
Division of Medical Education
Department of Internal Medicine
Washington University School of Medicine

Morey Blinder, MD

Professor of Medicine and Pathology & Immunology
Washington University

Stephen Brietzke, MD FACP FACE

Associate Chief Medical Officer, University of Missouri Health
Care; Professor of Clinical Medicine, Division of Endocrinology,
Department of Medicine
University of Missouri - Columbia
University of Missouri - Columbia, Department of Medicine

David L. Brown, MD

Professor of Medicine (Cardiovascular Disease)
Washington University School of Medicine

Fred Buckhold, MD

Associate Professor, Division of General Internal Medicine
Saint Louis University, School of Medicine

Lucas Buffalo, MD

Assistant Professor, Clinical Family and Community Medicine
University of Missouri Health Care
University of Missouri School of Medicine

Christine Chu, MD

Assistant Professor, Department of Obstetrics and Gynecology
Washington University School of Medicine

Lenise Cummings-Vaughn, MD, CMD

Assistant Professor, Department of Internal Medicine
Division of Geriatrics and Nutritional Science
Washington University School of Medicine

Shari Erickson, MPH

Vice President, Governmental Affairs & Medical Practice
American College of Physicians

Kristen Fernandez, MD

Assistant Professor, Department of Dermatology
University of Missouri – Columbia
Chief of Dermatology
Harry S. Truman VA

Emily Fondahn, MD, FACP

Assistant Professor of Medicine
Medical Education Division
Washington University School of Medicine

Stefanie Geisler, MD

Assistant Professor
Department of Neurology
Washington University School of Medicine

Fadi Hamid, MD

Assistant Professor of Medicine at UMKC
St. Lukes Hospital of Kansas City
St. Lukes

Christopher Lewis, MD

Instructor in Pediatrics, Endocrinology and Diabetes
Director of Multidisciplinary Intersex Clinic
Director of Multidisciplinary Transgender Clinic
St. Louis Children's Hospital
Washington University School of Medicine

Kathryn Lindley, MD

Assistant Professor of Medicine, Cardiovascular Division
Washington University School of Medicine

Rebecca Pauly, MD, FACP

Associate Dean for Faculty Development
Professor of Medicine and Biomedical Health and Informatics
UMKC School of Medicine

William Roland, MD

Professor of Clinical Medicine
University of Missouri School of Medicine
University of Missouri - Columbia

Lynn Rossy, PhD

Executive Director
Tasting Mindfulness, LLC

Fariha Shafi, MD

Associate Professor of Medicine, General Internal Medicine
University of Missouri - Kansas City

Donna Sweet, MD, MACP

Professor of Internal Medicine
Kansas University - Wichita School of Medicine

Mark Thaelke, MD, SFHM

Professor of Medicine, Chief, Division of Hospital Medicine
Washington University School of Medicine

If you are interested in becoming a member of the College, please contact the Customer Service Department at 800-523-1546, ext. 2600, or 215-351-2600 (M-F, 9 a.m.–5 p.m. ET).

Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Improve clinical practice by incorporating major new developments in subspecialty medicine.
- Understand how to manage and treat chronic diseases.

Who Should Attend

- General internists
- Subspecialty internists
- Family practitioners
- Residents (internists in training)
- Medical students interested in internal medicine
- Allied health practitioners

CME Accreditation

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates each live activity for the number of *AMA PRA Category 1 Credit(s)*[™] listed below. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Missouri Chapter Scientific Meeting for a maximum of **17.5 AMA PRA Category 1 Credit(s)**[™]

The SEP modules pre-course, for a maximum of **4 AMA PRA Category 1 Credit(s)**[™]

Successful completion of this CME activity (the Missouri Chapter Scientific Meeting), which includes participation in the evaluation component, enables the participant to earn up to 17.5 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

How Do I Receive My CME Documentation?

To obtain CME credit for this meeting, obtain a CME Instruction Form at the registration desk or in your registration envelope. It is labeled: Claiming CME Credit and MOC Points. All physicians need to log into apconline.org to claim credit for CME and to take the 18-question MOC Points Quiz. The Missouri ACP Meeting portal will be available Sunday afternoon, September 16. Paper CME Documentation Certificates are no longer available. Non-physicians use the Allied Health Professional CEU certificate available from the meeting registration desk.

Your Opinion Counts

At the conclusion of the meeting, please take a moment to complete the meeting survey form and verification of attendance form in your packet and place it in the box at the back of the meeting room. We value your opinion and use the surveys in planning future meetings.

Chapter Laureate Award

It is with distinct pleasure that the Missouri Chapter presents this year's Laureate Award to a long-standing and loyal supporter of the College who has rendered distinguished service to the chapter and community and has upheld the high ideals and professional standards for which the College is known. The Laureate Award will be presented to Stephen T. Keithahn, MD, FACP, during the awards banquet Friday, September 14.

Chapter Excellence Award

We are pleased to announce that our chapter is the recipient of a 2017 Chapter Excellence Award. The Chapter Excellence Award recognizes those chapters that excel in reaching the standards for managing a chapter, such as communicating to members, instituting medical student and resident activities, and advancing and recruiting members.

Women in Medicine Luncheon

Welcome to the third "Women in Medicine" series of our Chapter, covering Personal Branding. We hope to see you there. Our

focus is to create a venue for women physicians to collaborate and engage in fruitful, focused and progressive discussions that will help us promote, progress and be successful in our chosen field. These ongoing sessions will give us an opportunity to be mentors and mentees and provide a platform for professional development. We are committed to focusing on issues that are relevant to any successful physician. The topics might vary, but the focus is YOU! So join us and let's solve some problems, build our network and embark on our own journeys.

Resident Member Activities and Events

Clinical vignettes, research, quality improvement/patient safety or high value care posters prepared by Resident members will be presented at the meeting. First prize in the three categories is an entry into the national Poster Competition at ACP IM19 in Philadelphia and travel reimbursement. Doctors Dilemma (aka medical jeopardy) will be at 3:50 pm on Saturday, September 15. Seven teams from the University of Missouri; University of Missouri – Kansas City; Mercy; Saint Louis University; St Luke's (Chesterfield); St Mary's; and Washington University will compete to represent Missouri at IM19.

Student Member Activities and Events

Student members will have a Q&A session with Program Directors and Associate PDs on Saturday, September 15, to discuss what to expect during the residency interview process. Clinical vignettes and research posters prepared by Student members will also be presented at the meeting. First prize in both categories is an entry into the national Poster Competition at the ACP IM19 in Philadelphia and travel reimbursement.

Pathways to Fellowship

Attendance at chapter meetings can help all ACP members meet the qualifications for advancement to Fellowship. It is especially important for those applying under the pathway that calls for five years of activity as a member.

Hotel Accommodations

We have reserved a block of rooms at the following rate until August 15, 2018. When making your reservation, be sure to mention that you will be attending the ACP Missouri Chapter meeting.

Single/Double: \$122
Tan-Tar-A Resort
494 Tantara Drive
Osage Beach, MO 65065

The rooms are available on a first-come first-served basis, so make your reservations as early as possible by calling the hotel at 800-826-8272 or online at www.tan-tar-a.com using promotion code ACPR.

For driving directions, go to www.tan-tar-a.com.

Area Interests

There is much for family and friends to see and do at the Tan-Tar-A resort, including:

- 27 holes of championship golf
- Indoor water park
- Swimming, hiking, horseback riding, tennis, bowling

Registration

Online registration with payment by credit card is available at www.missouriacp.org. Meeting questions may be sent to sarah@msma.org or call Sarah Luebbert at 573-636-5151. Hotel questions should be directed to Tan-Tar-A at 800-826-8272.

Governor

Richard W. Burns, MD, FACP
573-864-4868
BurnsR@health.missouri.edu

Executive Director

Sarah Luebbert
573-636-5151
sarah@msma.org

2018 Missouri Chapter Meeting (RM 1906)

Registration Form

American College of Physicians
Missouri Chapter Scientific Meeting
September 13-16, 2018

ACP# _____

Name _____ ☐ MD ☐ DO ☐ Other

Address _____

City/State/Zip _____

E-mail (for meeting confirmation) _____

Categories

- ☐ Master ☐ Fellow ☐ Member ☐ Retired (\$70 CME fee) ☐ Non-Member
☐ Resident (free CME) ☐ Student (free CME) ☐ Non-physician (50% CME discount)

Registration Fees

Thursday-Sunday (22.5 CME hours)	\$375	_____
Thursday (4.0 CME hours)	\$100	_____
Friday (6.5 CME hours)	\$145	_____
Saturday (8.0 CME hours)	\$165	_____
Sunday (4.0 CME hours)	\$65	_____
Paper syllabus	\$25	_____
Friday Lunch	\$15	_____
Friday Awards Banquet (enter number of tickets) _____	x \$45	_____
Saturday Women in Medicine Lunch	\$15	_____

GRAND TOTAL _____

All food events will be finalized Thursday, September 6.

Dietary Considerations ☐ Vegetarian ☐ Vegan ☐ Gluten Free

Please make checks payable to ACP and mail to:

ACP, 190 N. Independence Mall West, Philadelphia, PA 19106-1572

Credit card payments are accepted online at www.missouriacp.org

- ☐ **ADA Notice:** We encourage participation by all individuals. Check here if you are disabled and require assistance. Advance notification is essential for us to serve you better. Please notify the Missouri Chapter in writing at least 30 days before the meeting.



P.O. Box 1028
JEFFERSON CITY, MISSOURI 65102

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