



American College of Physicians
Leading Internal Medicine, Improving Lives

Missouri Chapter



FOSTERING EXCELLENCE IN INTERNAL MEDICINE

2017 Missouri Chapter Scientific Meeting

September 14-17, 2017
Tan-Tar-A Resort
Osage Beach, Missouri

Updates in Internal Medicine
www.missouriacp.org

Missouri Chapter Meeting Highlights

- **ABIM SEP module – 2017-18 Update in Hospital Medicine**
- **ABIM SEP module – 2017-18 Update in Internal Medicine**
- **Women’s Sexual Health**
- **Management of Gout**
- **Transcatheter Valve Replacement**
- **Trends in Toxicology**
- **Mental Health of Physicians**
- **Prostate Cancer Screening**

This educational activity has been designated for 22.5 credits.

Between scientific sessions, please visit the College table where you can find information on new ACP programs, and many other products. There’s always something new at the College table. Stop by and see for yourself.

Dear Colleague,

I invite you to join me and your colleagues in internal medicine at the next scientific meeting of the Missouri Chapter of the American College of Physicians, being held September 14 -17 at the Tan-Tar-A Resort.

The meeting is not just for ACP members. I particularly want to invite nonmembers to join us for this important clinical update and to learn about the benefits of membership at the same time.

In addition to earning 22.5 CME credits, by attending this meeting you will:

- Gain insight into recent medical advances.
- Discuss local and national issues affecting the practice and teaching of internal medicine
- Greet old friends, meet new friends, and develop a network of colleagues in your area.
- Earn up to 38.5 MOC points.

Between scientific sessions, please visit the College table. You will find information on new ACP programs, products, and services. There’s always something new at the College table—stop by and see for yourself.

To ensure your place at this invaluable meeting, complete the registration form online or at the back of this brochure and send it in today. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

I look forward to seeing you at Tan-Tar-A.

Sincerely
Richard W. Burns, MD, FACP
ACP Governor, Missouri Chapter

Program Schedule • Updates in Internal Medicine

Thursday, September 14, 2017

- 3:00 p.m.** **ABIM SEP 2017-18 Update in Hospital Medicine**
Andrew Odden, MD, SFHM
- 5:00** **ABIM SEP 2017-18 Update in Internal Medicine**
Ernie-Paul Barrette, MD, FACP
Emily Fondahn, MD, FACP
- 7:00** **Adjourn**

Friday, September 15, 2017

- 7:00 a.m.** **Breakfast & Exhibits**
- 8:00** **Women's Sexual Health: Evaluation and Treatment for Common Complaints**
Denise Willers, MD
- 8:55** **Gut Microbiome: Impact on Clinical Practice**
Matthew L. Bechtold, MD, FACP
- 9:50** **Break & Exhibits**
- 10:10** **Update on Management of Gout**
Richard Brasington, MD
- 11:05** **Chapter Business Meeting**
Richard W. Burns, MD, FACP
- 12:00 p.m.** **Lunch & Exhibits**
- 1:00** **Medical Management of Nephrolithiasis**
Seth Goldberg, MD
- 1:55** **Optimizing Postpartum Maternal Health to Prevent Chronic Diseases**
Amy Loden, MD, FACP, NCMP
- 2:50** **Break & Exhibits**
- 3:05** **Direct Oral Anticoagulants – Selection, Safety Monitoring, and Systemic Reversal**
Michael E. Mullins, MD, FACEP, FAACT
- 4:00** **Palliative Care for the Internist: 15 Ways to Improve Care for Your Patients with a Life-limiting Illness**
Patrick White MD, HMDC, FACP, FAAHPM
- 5:00** **Adjourn**
- 6:00** **Awards Banquet**

Saturday, September 16, 2017

- 7:00 a.m.** **Breakfast & Exhibits**
- 8:00** **Unique Aspects of Sleep in Women**
Abid Bhat, MD, MBA
- 8:55** **The Future Ain't What it Used to Be**
Robert Doherty
- 9:50** **Break & Exhibits**
- 10:05** **The Challenge Defining The Right Care**
Vikas Saini, MD
- 12:00 p.m.** **Women in Medicine: Getting Your Financial Household in Order**
David Lochstampf
Lauren Oschman
- Lunch**
- 1:00** **Poster Contest**
- 3:00** **Mental Health of Physicians: Challenges and Opportunities**
Stuart Slavin, MD, MEd
- 3:50** **Doctor's Dilemma**
- 5:30** **Wonder Woman - Depressed and Alone?!**
Fariha Shafi, MD, FACP
Jennifer McBride, MD, FACP
- 6:30** **Adjourn**

Sunday, September 17, 2017

- 7:30 a.m.** **Breakfast**
- 8:00** **Trends in Toxicology**
Michael E. Mullins, MD, FACEP, FAACT
- 9:00** **Transcatheter Valve Replacement: Current State in 2017**
Marc A. Sintek, MD
- 10:00** **Break**
- 10:10** **Prostate Cancer Screening**
Michael LeFevre, MD, MSPH
- 11:05** **Management of Thyroid Nodules**
Uzma Khan, MD
- 12:00** **Adjourn**

Save the Date:

- September 13-16, 2018
- September 19-22, 2019

Faculty

Ernie-Paul Barrette, MD, FACP

Medical Director
Primary Care Medicine Clinic
Barnes Jewish Hospital
Associate Program Director
Associate Professor of Medicine
Division of Medical Education
Department of Internal Medicine
Washington University School of Medicine
St Louis

Matthew L. Bechtold, MD, FACP

Associate Professor of Clinical Medicine
Director of Endoscopy
Director of Gastroenterology Outpatient
Services
Chair, Department of Internal Medicine
Quality Improvement Committee
University of Missouri School of Medicine
Columbia

Abid Bhat, MD, MBA

Professor of Medicine,
Division of Pulmonary, Critical Care & Sleep
Medicine
University of Missouri Kansas City School of
Medicine
Kansas City

Richard Brasington, MD

Professor of Medicine, Division of
Rheumatology
Fellowship Program Director
Washington University School of Medicine
St Louis

Robert Doherty

Senior Vice President, Government Affairs
and Public Policy
American College of Physicians
Washington, DC

Emily Fondahn, MD, FACP

Assistant Professor of Medicine
Associate Program Director, Karl-France
Firm, BJH Patient Safety and Quality
Physician Liaison, Department of Internal
Medicine/Division of Medical Education
Washington University School of Medicine
St Louis

Seth Goldberg, MD

Assistant Professor of Medicine
Division of Nephrology
Washington University School of Medicine
St Louis

Uzma Khan, MD

Associate Professor of Medicine
Cosmopolitan International Diabetes and
Endocrinology Center
University of Missouri School of Medicine
Columbia

Michael LeFevre, MD, MSPH

Future of Family Medicine Professor and
Vice Chair
Department of Family and Community
Medicine
University of Missouri School of Medicine
Columbia

David Lochstampfer

Larson Financial
St Louis

Amy Loden, MD, FACP, NCMP

Assistant Professor of Medicine
Director, Primary Care Internal Medicine
Track
Associate Program Director, Internal
Medicine Residency Program
Medical Director, Washington University
Complete Care Internal Medicine Clinic
Washington University School of Medicine
St Louis

Jennifer McBride, MD, FACP

Assistant Professor of Medicine
University of Missouri Kansas City School
of Medicine
Kansas City

Michael E. Mullins, MD, FACEP, FAACT

Chairman, BJH Anticoagulation
Subcommittee
Chairman, BJC Anticoagulation Panel
Associate Professor, Emergency Medicine
Washington University School of Medicine
St Louis

Andrew Odden, MD, SFHM

Patient Safety Officer
Assistant Professor
Department of Medicine
Washington University School of
Medicine
St Louis

Lauren Oschman

Larson Financial
St Louis

Vikas Saini, MD

President, Lown Institute
Brookline, MA

Fariha Shaif, MD, FACP

Associate Professor of Medicine
University of Missouri Kansas City
School of Medicine
Kansas City

Marc A. Sintek, MD

Assistant Professor of Cardiology
Interventional Cardiology Fellow
Cardiovascular Division
Washington University School of
Medicine
St Louis

Stuart Slavin, MD, MEd

Associate Dean for Curriculum and
Professor of Pediatrics
Saint Louis University School of
Medicine
St Louis

**Patrick White, MD, HMDC, FACP,
FAAHPM**

Chief Medical Officer BJC Hospice
Assistant Professor of Medicine
Washington University School of
Medicine
St Louis

Denise Willers, MD

Associate Professor, Department of
Obstetrics and Gynecology
Washington University School of
Medicine
St Louis

If you are interested in becoming a member of the College, please contact the Customer Service Department at 800-523-1546, ext. 2600, or 215-351-2600 (M-F, 9 a.m.–5 p.m. ET).

Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Improve clinical practice by incorporating major new developments in subspecialty medicine.
- Understand recent advances in internal medicine.

Who Should Attend

- General internists
- Subspecialty internists
- Family practitioners
- Residents (internists in training)
- Medical students interested in internal medicine
- Allied health practitioners

CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American College of Physicians designates this live activity for a maximum of **18.5 AMA PRA Category 1 Credits™**.

The ABIM SEP-based learning sessions have been designated for a maximum of **4.0 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

How Do I Receive My CME Documentation?

To obtain CME credit for this meeting, obtain a CME Instruction Form at the registration desk or in your registration envelope. It is labeled: Claiming CME Credit and MOC Points. All physicians need to log into acponline.org to claim credit for CME and to take the 19-question MOC Points Quiz. The Missouri ACP Meeting portal will be

available Sunday afternoon, September 17. Paper CME Documentation Certificates are no longer available. Non-physicians use the Allied Health Professional CEU certificate available from the meeting registration desk.

Your Opinion Counts

At the conclusion of the meeting, please take a moment to complete the meeting survey form and verification of attendance form in your packet and place it in the box at the back of the meeting room. We value your opinion and use the surveys in planning future meetings.

Chapter Laureate Award

It is with distinct pleasure that the Missouri Chapter presents this year's Laureate Award to a long-standing and loyal supporter of the College who has rendered distinguished service to the chapter and community and has upheld the high ideals and professional standards for which the College is known. The Laureate Award will be presented to William K. Taylor, MD, FACP, during the awards banquet Friday, September 15.

Chapter Excellence Award

We are pleased to announce that our chapter is the recipient of a 2016 Chapter Excellence Award. The Chapter Excellence Award recognizes those chapters that excel in reaching the standards for managing a chapter, such as communicating to members, instituting medical student and resident activities, and advancing and recruiting members.

Women in Medicine Luncheon

Welcome to the second "Women in Medicine" series of our Chapter, covering Personal Financial Planning. We hope to see you there. Our focus is to create a venue for women physicians to collaborate and engage in fruitful, focused and progressive discussions that will help us promote, progress

and be successful in our chosen field. These ongoing sessions will give us an opportunity to be mentors and mentees and provide a platform for professional development. We are committed to focusing on issues that are relevant to any successful physician. The topics might vary, but the focus is YOU! So join us and let's solve some problems, build our network and embark on our own journeys.

Resident Member Activities and Events

Clinical vignettes, research, patient safety & quality improvement, and high value care posters prepared by Resident members will be presented at the meeting. First prize in the three categories is a stipend and entry into the national Poster Competition at ACP IM18 in New Orleans. Doctors Dilemma (aka medical jeopardy) will be at 3:50 pm on Saturday, September 16. Seven teams from the University of Missouri; University of Missouri – Kansas City; Mercy; Saint Louis University; St Luke's (Chesterfield); St Mary's; and Washington University will compete to represent Missouri at IM18.

Student Member Activities and Events

Student members will have a Q&A session with Program Directors and Associate PDs on Saturday, September 16, to discuss what to expect during the residency interview process. Clinical vignettes and research posters prepared by Student members will also be presented at the meeting. First prize in both categories is a stipend and entry into the national Poster Competition at the ACP IM18 in New Orleans.

Pathways to Fellowship

Attendance at chapter meetings can help all ACP members meet the qualifications for advancement to Fellowship. It is especially important for those applying under the pathway that calls for five years of activity as a member.

Hotel Accommodations

We have reserved a block of rooms at the following rate until August 16, 2017. When making your reservation, be sure to mention that you will be attending the ACP Missouri Chapter meeting.

Single/Double: \$122
Tan-Tar-A Resort
494 Tantara Drive
Osage Beach, MO 65065

The rooms are available on a first-come first-served basis, so make your reservations as early as possible by calling the hotel at 800-826-8272 or online at www.tan-tar-a.com using promotion code ACPR.

For driving directions, go to www.tan-tar-a.com.

Area Interests

There is much for family and friends to see and do at the Tan-Tar-A resort, including:

- 27 holes of championship golf
- Indoor water park
- Swimming, hiking, horseback riding, tennis, bowling

Registration

Online registration with payment by credit card is available at www.missouriacp.org. Meeting questions may be sent to pmills@msma.org or call Patrick Mills at 573-636-5151. Hotel questions should be directed to Tan-Tar-A at 800-826-8272.

Governor

Richard W. Burns, MD, FACP
573-864-4868
BurnsR@health.missouri.edu

Executive Director

Patrick Mills
573-636-5151
pmills@msma.org

2017 Missouri Chapter Meeting (RM 1809)

Registration Form

American College of Physicians
Missouri Chapter Scientific Meeting
September 14-17, 2017

ACP# _____

Name _____ MD DO Other

Address _____

City/State/Zip _____

E-mail (for meeting confirmation) _____

Categories

- Master Fellow Member Retired (\$70 CME fee) Non-Member
 Resident (free CME) Student (free CME) Non-physician (50% CME discount)

Registration Fees

Thursday-Sunday (22.5 CME hours)	\$365	_____
Thursday (4.0 CME hours)	\$100	_____
Friday (6.5 CME hours)	\$140	_____
Saturday (8.0 CME hours)	\$160	_____
Sunday (4.0 CME hours)	\$65	_____
Paper syllabus	\$20	_____
Friday Lunch	\$14	_____
Friday Awards Banquet (enter number of tickets) _____	x \$40	_____
Saturday Women in Medicine Lunch	\$13	_____

GRAND TOTAL _____

All food events will be finalized Thursday, September 7.

Dietary Considerations Vegetarian Vegan

Please make checks payable to ACP and mail to:

ACP, 190 N. Independence Mall West, Philadelphia, PA 19106-1572

Credit card payments are accepted online at www.missouriacp.org

- ADA Notice:** We encourage participation by all individuals. Check here if you are disabled and require assistance. Advance notification is essential for us to serve you better. Please notify the Missouri Chapter in writing at least 30 days before the meeting.



P.O. Box 1028
JEFFERSON CITY, MISSOURI 65102

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