

2023 - Issue 1



**A**dvocacy for patients and peers, access to resources  
**C**ommunity, collegiality, connectedness, conscious of IM, connection, care providers  
**P**eer support, processes, programs, practice, purveyors, and guardians of our patients' health

***Welcome to the first issue of "The Sentient", a Missouri ACP student newsletter.***

**What is a BOG Resolution?**

You may have heard, or may soon hear, about BOG resolutions because the [Board of Governors \(BOG\)](#) is meeting prior to the [IM23 Meeting](#) in San Diego. So, what is a BOG resolution? A BOG resolution may address any topic or issue of interest to the initiating member. It is a means for the grassroots membership to have formal input to the policy making body of the College. It often leads to ACP advocating to things which ARE or WILL be very important to you and your patients.



The Spring 2023 BOG Resolution number 10 is about ACP **advocating AGAINST non-compete clauses** in physician employment contracts.

**Non-Compete Clauses may:**

- deprive a community of medical services
- contribute to crisis of physician shortages
- Disrupt continuity of care
- Disallows a physician to practice with a competitor
- Prevent physicians from leaving an unfair or unhealthy employment relationship
- Physicians may have to move out of their state or community to avoid violation
- Contribute to physician burn out and dissatisfaction

**Physicians are commonly presented with contracts that include Non-Compete Clauses. ACP is taking action to protect patients, communities and physicians.**

### Upcoming Events

#### **Missouri ACP Diagnostic Point-of-Care Ultrasound Workshop for Internists**

Point-of-care ultrasound can be used to assess patients at bedside to augment the traditional physical examination and to increase diagnostic accuracy and patient satisfaction. Join us at the "Missouri American College of Physicians Diagnostic Point-of-Care Ultrasound Workshop for Internists" on June 3-4, 2023 at Mercy Hospital in St. Louis, MO. This unique workshop will offer live didactic sessions and patient scanning in small groups with an ideal 3 learner to 1 faculty ratio. Over a 2-day course, we will cover cardiac, pulmonary, lower extremity (deep vein thrombosis) and kidney/bladder ultrasound.

[Click here to learn more.](#)

#### **Missouri ACP Hospitalist Day**

September 7, 2023

Margaritaville Lake Resort, Osage Beach

#### **2023 Missouri ACP Scientific Meeting**

September 7-9, 2023

Margaritaville Lake Resort, Osage Beach

This event will include the student and resident poster competition, the Doctor's Dilemma

competition, and programming specifically for medical students on Sept. 9. More information is coming soon.

#### Peer Support - ACP Resources

- [1-888-409-0141](tel:1-888-409-0141) **Call the Physician Support Line** for free and confidential just-in-time peer support.
- [PeerRxMed™](#) **Establish formal peer support** by using the free buddy check reminder system, and use quick check-ins (face-to-face, telephone, text, or e-mail) to provide encouragement and reminders. Learn more about partnering with an [accountability buddy](#).
- [Survivors and Responders of the COVID-19 Pandemic](#) - [Private Online Peer Support Community \(OPSC\)](#) Explore the Disaster Distress Helpline's online peer support for healthcare workers impacted by COVID-19.