


Governor's Newsletter - July 2019

In This Issue

- **Governor's Message**
- **Pearls of ACP Membership**
- **ACP Leadership Day**
- **Save the Date: Missouri Chapter CME Meeting**
- **Missouri ACP Early Career Physicians Abstract Poster Competition**
- **Doctor's Dilemma Team**
- **Finance Committee Update**
- **Hospitalist Committee Update**
- **Health and Public Policy Committee (HPPC) Update**
- **Resident Update**
- **Student Update**
- **2019 Book Award Winners**
- **Calendar**

Governor's Message

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We're looking forward to a great chapter meeting this September at Margaritaville at Lake of the Ozarks. Yep - TanTarA is no more, and Jimmy Buffett is ascendant. The renovations were underway last year and will be complete in many of the spaces for our meeting, with two new swimming pools, a swim-up bar, and a beach. Apart from recreation, the focus will be on education and fellowship. The education committee, led by Michael Devita, has put together an excellent program. There will be several point/counterpoint discussions of controversial issues by experts (think Dan Ackroyd and Jane Curtin), and an expanded awards dinner which will now be held Saturday evening. As always, the conference will provide MOC credits, and the ABIM SEP Modules will be presented on Thursday evening.

The meeting will give those attending a basis to weigh in on whether we stick with Osage Beach going forward. A questionnaire will be going out later this summer to gauge support or lack thereof for moving the conference to a different venue in 2022. Does the lure of the Lake outweigh shopping and entertainment in Kansas City or St. Louis? Let us know your opinion when the poll is sent to you.

I anticipate several initiatives over the next year. First, we'll be reaching out to students at all six medical schools to identify ways to increase engagement. Student representatives on the council and I will both be meeting with internal medicine interest groups to encourage greater

involvement with ACP at the local and national level. Second, we've created an awards committee separate from the nominations committee. The number of Missouri members who've been recipients of national ACP awards is disproportionately low compared with our membership numbers and far fewer than warranted. We'll be identifying and supporting chapter members for recognition. Third, our hospitalist committee is seeking to make ACP attractive and relevant to the growing number of our tribe who are choosing this "subspecialty". The first visible result will be an early career physician poster session at our annual meeting.

It was educational and inspiring to attend Advocacy Day in Jefferson City and Leadership Day in Washington DC, meeting and talking with our legislators. A particular shout-out goes to Steve Keithahn and Bill Fogarty for providing leadership on both days, and E.P. Barrette on Advocacy Day, and the involvement of student and resident members listed in the piece below was rejuvenating and inspiring for this old fellow.

See you in September.

Daniel Goodenberger, MD, MACP


Governor, Missouri Chapter, ACP

Pearls of ACP Membership


Why do you belong to ACP? This is a question we know many members ask themselves each year. As graduating residents become attendings, and as graduating medical students are beginning their resident programs, the Missouri ACP membership committee would like to share with you just one, of many reasons, why you should [join or continue your membership in ACP](#). The Pearls of ACP Membership are insights from members on what they find to be important resources their ACP membership provides them. **These resources are only available to ACP members.** Our first pearl is from Nathan Nolan, MD, a fellow in infectious diseases at Washington University in St. Louis.

"One of my favorite benefits of being in the American College of Physicians is the access to the *Annals of Internal Medicine*. Specifically, I really enjoy the ['In the Clinic Series.'](#) While great for clinic-based care, I save a lot of these articles for reference in all sorts of settings. For example, I have the table from the UTI article as a quick reference and frequently use it on the wards. The February article was on Contraception, which was a much-needed review. Check out the Annals series, ['In the Clinic'](#) for high yield overview of commonly encountered topics."

ACP Leadership Day

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Caption: Missouri delegation at a meeting with Congressman Roy Blunt

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Caption: Missouri medical students attending ACP Leadership Day on the steps of the US Capitol

The Missouri Chapter had great representation at Leadership Day this year. The delegation included Drs. Daniel Goodenberger, William Fogarty, Josh Myer, Anne Walentik, Ramza Haque, Steve Keithahn, Ashley Brown and students Diana Jung and Saber Khan. ACP provided talking points on prescription drug costs, medical education debt, firearms, expanding coverage, unnecessary administrative tasks and healthy women and families. Your Missouri physicians described how legislation and regulations affect their patients during their time with the Congressional leaders.

Save the Date: Missouri Chapter CME Meeting

Your 2019 [Missouri Chapter CME meeting](#) will be held September 19-22 at Margaritaville Lake Resort (formerly Tan-Tar-A Resort) in Osage Beach. The conference will include up to 21.25 CME hours and two ABIM SEP modules. Details and registration are [online](#). APRNs and PAs may also receive continuing education credit at this meeting at a reduced registration

rate. [Sign up today!](#) Now is also the time to book your hotel room at the conference property. Call the hotel directly at 800-826-8272, or [book online](#), using promotion code ACPR.

We are looking for judges for the 2019 Missouri Chapter Meeting poster competition to be held on Saturday, September 21, beginning at 1 p.m. If you would like to be a poster judge, please contact [Sarah Luebbert](#).

Missouri ACP Early Career Physicians Abstract Poster Competition

The Missouri ACP is expanding the abstract/poster competition this year to include Early Career Physicians (ECP). The first five ECPs to sign up to participate in the competition will receive free conference registration as a thank you for participating. (Participants will be responsible for their hotel accommodations, travel and meal expenses.) The poster competition will be held on September 21, 2019, at Margaritaville Lake Resort (formerly Tan-Tar-A) during the Missouri ACP Scientific Meeting. Resident and student poster rules will apply for the ECP posters, see poster [rules here](#). ECP posters will be judged, but will not be funded to participate in the national competition. The top three winners will be featured in the winter issue of the Missouri ACP newsletter. You must be an ACP member to participate.

[Applicants must complete the online application](#). All applications are due by August 1, 2019. All applicants will be notified by August 15, 2019 if they are selected to participate.

Doctor's Dilemma Team

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Caption: Missouri's Doctor's Dilemma Team after their first round of competition at IM19 in Philadelphia

The Washington University Internal Medicine residency Doctor's Dilemma team won its first round match at IM19 in Philadelphia before getting knocked out of the competition. Drs. Aisling Doyle, Hilary Dietz, and Andrew Jallouk represented the Missouri Chapter by virtue of winning the chapter competition last September at Tan-Tar-A.

This year's chapter competition will be Saturday, September 21, with the winning team moving on to represent Missouri at IM20 in Los Angeles.

Finance Committee Update

The finance committee held a conference call in February to review the current assets of the Missouri ACP, and discuss the fiscal year 2020 (FY20) budget. The total return on investments for 2018 was -6.0%. The overall asset allocation is currently at 24% in cash and fixed-income; 72% in equities; and 4% in alternatives.

Ending the calendar year of 2018, ACP's total cash and investments were at \$311,380. The committee reviewed the profit and loss statement for the first half of the fiscal year. The revenue as of December 31, 2018, was \$101,163,


down \$10,337 from the budget. The expenses for the same time period were \$71,261, down \$49,514 from the budgeted amount.

The FY20 budget was reviewed by the ACP Finance Committee and sent to the Council where it was approved.

Hospitalist Committee Update

The Hospitalists Committee has developed a mentor program for physicians, residents and students around the state. The program has several individuals who have volunteered to be mentors, but is looking for more. If you are interested in being a mentor, or finding a mentor, you can find more information on the Missouri Hospitalist Mentor webpage, <http://www.missouriacp.org/hospitalist-mentorship.html>.

Health and Public Policy Committee (HPPC) Update



Caption: The Missouri Chapter of ACP held its second Advocacy Day in Jefferson City on March 13, 2019.

The HPPC coordinated the second Missouri ACP Advocacy Day March 13, 2019, in Jefferson City at the Missouri Capitol. We had nearly 30 members attend this inaugural event, and are in the planning stages for the 2020 event. Members spoke with our state leaders about distracted driving, prescription drug monitoring programs, red flag gun laws and preserving state Medicaid coverage.

Resident Update

The Missouri ACP Council of Residents and Fellows is working hard to develop the resident programming for the 2019 Missouri ACP Scientific meeting. The resident program will be held the morning of Saturday, September 21 followed by the poster competition and the Drs. Dilemma competition. This year the residents will be holding a luncheon, the cost to attend the lunch is \$10/person and can be paid for online when you [register for the conference](#).

Student Update

The student committee has an exciting program lined up for our Missouri Chapter Meeting at Margaritaville Lake Resort on the morning of September 21. The programming includes an EKG lecture and workshop, program director question and answer roundtable series, and student council member elections. Please [register to attend the conference](#) today.

2019 Book Award Winners

The following students were selected to receive the 2019 Missouri ACP Book Awards:

Coy D. Fitch, MD, MACP ACP Book Award, Saint Louis University: Michael W. Pan

Michael M. Karl, MD, MACP ACP Book Award, Washington University: Kavon Javaherian

Sara Gardner, MD ACP Book Award, UMKC: Imran Nizamuddin

Calendar

Sept. 19-22, 2019: Missouri Chapter CME Meeting, Osage Beach

April 23-25, 2020: IM20, Los Angeles

Sept. 10-13, 2020: Missouri Chapter CME Meeting, Osage Beach

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