

Missouri ACP Wellness Survey Results

	2018 N=62
MD	62
Male	34
Female	25
Prefer Not to Answer	3
Overall, I am satisfied with my current job: (Agree, Strongly agree)	85.50%
Using your own definition of “burnout”, please choose one of the numbers below: (5) I enjoy my work. I had no symptoms of burnout (4) I was under stress, and didn’t always have as much energy as I did, but I didn’t feel burned out	53.20%
My professional values are well aligned with those of my clinical leaders: (Agree, Strongly Agree)	69.30%
The degree to which my care team works efficiently together: (optimal, Good)	66.10%
My control over my workload is: (optimal, good)	31%
I have felt a great deal of stress because of my job: (Agree, Strongly Agree)	29%
Sufficiency of time for documentation is: (Optimal, Good)	14.50%
The amount of time I spend on the electronic medical record (EMR) at home is: (minimal/none, Modest)	38%
The EMR adds to the frustration of my day: (Strongly Disagree, Disagree)	11%
Which number best describes the atmosphere in your primary work area? (Calm, Somewhat Calm)	16%
Comments:	
I need more time to teach/interact with patients and less computer time.	
My answers above relate to my job now as a part-time contractor in the same location I previously worked full time. Before I retired at age 70 things were much different and I was pretty fed up.	
From my current observations and info from my friends who are still full time things have gotten worse. There is NO administrative time built into the work day. People are expected to be seeing patients every minute they are there. So most documentation and other administrative tasks have to be done on your own time either after hours at work or at home. This is a government institution and the administration slavishly follows directions from the central office which in general seems out of touch with reality.	

Dealing with how to handle patient volume and the best patient care in the allowed time restraints.

I am nearing retirement, so I am cutting down on patient care hours, but there is nobody to replace me and care for my patients when I cut back and retire.

Time spent in the EMR "sucks". It takes away time spent talking with patients, healing, and learning. Maybe I can get a scribe in private practice in three years to make it less miserable but trying to do everything required of a resident and deal with excessive documentation plus emails to clarify irrelevant things (as far as patient care goes) so that billing can be right, is draining.

Insurance companies denying health care to the sick.

Taking unnecessary board exams.

Too many people interposed between the doctor and the patient.

Tired of administrators managing afar via numbers & spreadsheets.

EMR takes a lot of time, but we're still expected to see the same number of patients.